



Recommended First Aid Kit Supply Lists

Be sure to follow your organization's protocol on communication and emergency response planning.

Small Groups

The supplies listed for this first aid kit are intended for groups smaller than five people with a recommended first aid training equivalent to an awareness of first aid.

| Qty. | Wound & Bandaging Materials | Qty. | Instruments | Qty. | Other |
|------|--|--------------------|---|------|--|
| 10 | Bandage, Adhesive, Fabric, 1" x 3" | 1 | CPR Face Shield, Laerdal | 1 | Duct Tape, 2" x 2 Yards |
| 2 | Dressing, Gauze, Sterile, 2" x 2", Pkg./2 | 1 | Bandage, Elastic with Velcro, 3" OR vet wrap | 1 | Brief SOAP NOTE GUIDE with a place for notes |
| 2 | Dressing, Gauze, Sterile, 4" x 4", Pkg./2 | 1 | Bandage, Triangular | 1 | Vial of hand sanitizer |
| 2 | Dressing, Non-Adherent, Sterile, 3" x 4" | 1 | Tweezers | 3 | Tampons (sm, md, lg) |
| 2 | Bandage, Conforming Gauze, 3" | 1 | Tiny scissors | 3 | Pads |
| 2 | Bandage, Adhesive, Fabric, Knuckle | 3 | Safety Pins | 1 | Sunscreen |
| 1 | Trauma Pad, 5" x 9" | 1 | Pencil | 1 | Bug Repellent |
| 4 | Alcohol swab pads | Medications | | 1 | Water treatment chemicals |
| 1 | Medical Tape, 1" x 10 Yards | () | Prescribed medications of importance | 1 | Biodegradable soap |
| 1 | Syringe, Irrigation, 12 cc, 18 Gauge Tip | 2 | Oral Rehydration Salts (electrolyte powder) | 2 | After Poison Ivy/Oak Exposure Wipes |
| 6 | After Cuts & Scrapes Antiseptic Wipe | 3 | Ibuprofen (200 mg), Pkg./2 | 1 | Mylar Heat Blanket |
| 3 | Povidone Iodine wipes or iodine | 3 | Acetaminophen (500 mg), Pkg./2 | 1 | Matches, Waterproof |
| 2 | Cotton Tip Applicator, Pkg./2 | 3 | Antihistamine (Diphenhydramine 25 mg) | 1 | Instructions, Easy Care Wound & CPR |
| 1 | Wound Closure Strips, 1/4" x 4", Pkg./10 | 3 | Diamode (Loperamide HCl 2 mg), Pkg./1 (Imodium) | 2 | Moleskin sheet |
| 2 | Tegaderm (transparent semi permeable dressing) | 6 | Aspirin (81 mg), Pkg./2 | 6 | Gloves, Nitrile (Pair) |
| 3 | Polysporin Ointment, Single Use | | | 1 | Contractor Bag |

A.T. Sawyers

The supplies listed for this first aid kit are intended for A.T. sawyers with a recommended first aid training equivalent to general first aid training.

The items below should be located within your A.T. Sawyer First Aid Kit – IN ADDITION – to the above-mentioned materials from the Small Groups First Aid Kit.

| Qty. | Wound & Bandaging Material | Qty. | Instruments | Qty. | Other |
|------|---|------|----------------|------|----------------|
| 1 | CAT Tourniquet | 1 | EMT Shears, 4" | 1 | Contractor Bag |
| 1 | Israeli Bandage 6" | | | | |
| 2 | Quick Clot | | | | |
| 4 | Dressing, Gauze, Sterile, 2" x 2", Pkg./2 | | | | |
| 2 | Eye Pad, Sterile | | | | |
| 2 | Bandage, Conforming Gauze, 3" | | | | |
| 3 | Hemostatic Gauze | | | | |
| 4 | Dressing, Gauze, Sterile, 4" x 4", Pkg./2 | | | | |
| 1 | New Skin liquid bandage | | | | |
| 1 | Aloe Vera Gel with Lidocaine, 1 oz | | | | |