

COVID-19 Guidelines for A.T. Volunteers

Protect Yourself and Others While Maintaining the Appalachian Trail

Three Phases for Re-Engaging with Trail Maintenance, if state and local governments are open and lands host to the A.T. are open

Phase 1

- Local, county-level COVID-19 cases not decreasing
→ Staff/volunteers on Trail by request only

Phase 2

- Local, county-level COVID-19 cases decreasing for 14 days
→ Maintaining groups of no more than four

Phase 3

- Local, county-level cases continue to decrease after additional 14-day period
→ Maintaining groups of 10 or fewer

Volunteers: Before You Participate



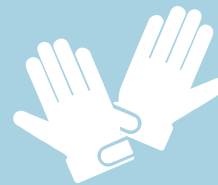
Read CDC Guidelines and understand health risks



Use the CDC Self Checker



Stay home if showing any COVID-19 symptoms



Bring washable work gloves and a CDC approved mask



No ridesharing beyond household. Limit stops.

Crew Leaders: Before the Trip



Disinfect all group gear



Bring extra hand sanitizer, face masks, and tissues



Establish hand washing routines and daily health checks



Ensure all participants are aware of CDC health and safety guidelines



Maintain participant rosters with relevant contact information

Volunteers and Crew Leaders: In the Field



Wash/sanitize hands frequently



Do not share tools and equipment



Maintain social distancing



Do not clean shelters or privies until further notice



Ensure appropriate personal protective equipment is available and utilized



If you show any COVID-19 related symptoms after participating in a volunteer activity, inform the crew leader immediately.

For up to date information on COVID-19 guidelines and current A.T. closures, visit [appalachiantrail.org/covid-19](https://www.appalachiantrail.org/covid-19).