COVID-19 Guidelines for A.T. Volunteers
Protect Yourself and Others While Maintaining the Appalachian Trail

Three Phases for Re-Engaging with Trail Maintenance, if state and local governments are open and lands host to the A.T. are open

**Phase 1**
- Local, county-level COVID-19 cases not decreasing
  → Staff/volunteers on Trail by request only

**Phase 2**
- Local, county-level COVID-19 cases decreasing for 14 days
  → Maintaining groups of no more than four

**Phase 3**
- Local, county-level cases continue to decrease after additional 14-day period
  → Maintaining groups of 10 or fewer

**Volunteers: Before You Participate**
- Read CDC Guidelines and understand health risks
- Use the CDC Self Checker
- Stay home if showing any COVID-19 symptoms
- Bring washable work gloves and a CDC approved mask
- No ridesharing beyond household. Limit stops.

**Crew Leaders: Before the Trip**
- Disinfect all group gear
- Bring extra hand sanitizer, face masks, and tissues
- Establish hand washing routines and daily health checks
- Ensure all participants are aware of CDC health and safety guidelines
- Maintain participant rosters with relevant contact information

**Volunteers and Crew Leaders: In the Field**
- Wash/sanitize hands frequently
- Do not share tools and equipment
- Maintain social distancing
- Do not clean shelters or privies until further notice
- Ensure appropriate personal protective equipment is available and utilized

⚠️ If you show any COVID-19 related symptoms after participating in a volunteer activity, inform the crew leader immediately.

For up to date information on COVID-19 guidelines and current A.T. closures, visit appalachiantrail.org/covid-19.