



11 Reasons to Use Bear Canisters along ALL of the Appalachian National Scenic Trail:

1. Sleep better knowing you, your food & bears are safer
2. They are Bear & RODENT proof – flying squirrels, too
3. Save up to 45 minutes a day (you'll be really tired at the end of the day!)
4. A great seat (that also helps separate you from ticks)
5. Prevent rock-throwing injuries while hanging food
6. Prevent tree limb damage
7. Add camping options to areas w/no good limbs or trees
8. Many of them float
9. Easier to use in rain than food hangs
10. They are required in other places you may camp: e.g.
Blood Mountain and Shining Rock Wilderness areas & the Pacific Crest Trail
11. A good “bear tree” can be hard to find!

The extra weight and \$ of a bear canister is a small price to pay for all these benefits – especially the time savings and protection of the bears!