<table>
<thead>
<tr>
<th>1. WORK PROJECT/ACTIVITY</th>
<th>2. LOCATION TRAIL WIDE</th>
<th>Includes work performed on lands of National Park Service, and various states' park and lands</th>
</tr>
</thead>
<tbody>
<tr>
<td>ROCK WORK</td>
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<thead>
<tr>
<th>JOB HAZARD ANALYSIS (JHA) References-FSH 6709.11 and -12 OSHA (Instructions on Reverse)</th>
<th>3. NAME(S) OF ANALYST(S)</th>
<th>4. Work Supervisor</th>
<th>5. DATE PREPARED</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Keith Stegall, Facility Manager</td>
<td>Various</td>
<td>3/26/2019</td>
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**Required Standards and General Notes:**
- Hard hat, long pants, long shirt, eye protection, gloves, sturdy footwear. Shin guards recommended.

**Tools and Equipment**
- Examples: sledge hammer, stone buster, wedges, chisel, rock bar, wheelbarrow, hand cart, buckets, single jack hammer, plugs and feathers

**Available Training**
- Stonework Workshop

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<tr>
<th>7. TASKS/PROCEDURES</th>
<th>8. HAZARDS, POTENTIAL HAZARDS / INJURY SOURCE</th>
<th>9. ABATEMENT ACTIONS OR PROCEDURES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Move, handle, install, and transport rock by hand, hand cart, bucket, basket sling, and/or wheelbarrow.</td>
<td>Lack of planning / communication</td>
<td>*Engineering Controls * Substitution * Administrative Controls * PPE</td>
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<tr>
<td>Injury to back</td>
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- Prior to moving rock, develop communication methodology with all working in and around the travel route.
- Instructions should come from one predesignated person (leader) while working in teams of two or more.
- Select and communicate the route to be used, and communicate route to all affected within the route.
- Always maintain good communication throughout transportation of rocks.
- Prior to beginning, always notify anyone working below you (such as on switchbacks) when you start and stop moving rocks.
- Utilize/create gravity positive situations to help move/place rocks in desired manner.
- Study your rock prior to handling/moving it. Determine best way to move rock with the least amount of effort and communicate with team.

- Work in teams whenever necessary.
- The appropriate number of workers should be used to move materials. This decision may vary between individuals or determined by the on-site supervisor.
- If inadequate personnel is available, refrain from activities.
- Always use sound ergonomic lifting/moving techniques.
- Never move/lift more weight than is personally manageable.
- When appropriate, use tools such as rock bars and fulcrum points to move rocks.
| Injury to hands/fingers                  | ● Always wear appropriate gloves.  
|                                        | ● Workers should use either rock bars or hand lifting techniques to minimize the potential for injuries to hands.  
|                                        | ● Keep hands clear of pinch points.  
|                                        | ● Keep in constant communication with others when working in potentially compromising situations.  
|                                        | ● Whenever possible, use a tool to place fulcrum or shim rocks.  |
| Injury to head/eyes                    | ● Hard hats must be worn at all times if working below another worker.  
|                                        | ● Keep rock bars away from your head/eyes at all times.  
|                                        | ● Ensure rock bar is always being operated to the side of your head. Never pull rock bars directly toward your head/eyes.  |
| Loss of control of material            | ● Trail workers need to stay aware of their surroundings, the location of other crew members and other trail users while moving materials.  
|                                        | ● Post lookouts or guards to limit crew and visitor access to high risk work areas when loss of control is possible.  
|                                        | ● When moving rocks or applying leverage, workers should position themselves in such a way as to minimize their exposure. Position yourself on the uphill side of the rock whenever possible.  
|                                        | ● Consider using chock/shim stones to facilitate partial lifts.  
|                                        | ● Consider the use of secondary restraints to ensure safe materials movement on slopes.  
|                                        | ● Do not haul/move rock in areas uphill of other workers and visitors. Communicate with workers working below when bringing rocks down a hillside. Ensure all workers are clearly out of harm's way before beginning to move rocks.  |
| Injury to legs/feet                    | ● Workers need to maintain constant awareness of their feet in relation to objects being moved and avoid placing them under materials.  
|                                        | ● Place feet securely when moving materials.  
|                                        | ● Knee pads/shin guards are recommended when installing/placing rocks.  |
| Inappropriate use of tools | Workers should never straddle, sit, or stand on rock bars while in use.
|                          | When utilizing wheelbarrows and/or hand carts keep the load easily manageable. If, by chance, you lose control of your load, it is better to let the load fall rather than risk straining your back in an attempt to save it.
|                          | Be prepared for sudden or unexpected loss of bite (contact with rock and/or fulcrum) - always use sturdy/secured fulcrum points and/or chock rocks with rock bars.
|                          | When utilizing buckets use two equally weighted smaller loads rather than one heavy load.
|                          | When using only one bucket it is safer to bear-hug the load rather than carry it on one side – keep the weight close to your body.
|                          | Secure rocks when operating hand carts.
|                          | Do not carry buckets above your head.
|                          | If needed, use two people to load equipment.
|                          | Tilt wheelbarrow on its side to load larger rocks.

| Tool/equipment condition | Inspect hauling tools/equipment prior to operation.
|                         | Ensure axles / tires are in working condition.
|                         | Check all nuts and bolts.
|                         | Check for burs or splinters
|                         | Ensure rock bars are not bent/warped.
|                         | Inspect all slings, ropes, and associated hardware.

| Quarrying, cutting, splitting, crushing, and shaping rock | 

| Flying debris/tools | Always wear appropriate eye protection. Face shield recommended.
|                     | Ensure all tools/equipment are in safe working condition.
|                     | Communicate with surrounding workers prior to beginning work; Let them know flying debris actions are taking place.
|                     | Stop work if anyone without PPE approaches your work area. Ensure visitors are at a safe distance from work area.
|                     | All personnel in close proximity to shaping or splitting operations need to be in full PPE.
|                     | When crushing rock, manage your swing so that fly rock and your tools will be directed away from you and others.
|                     | Workers need to maintain a minimum of 10-foot radius safety circle.
|                     | Ensure your swing zone is free of obstructions.
| Injury to back | • Work in teams whenever necessary.  
• The appropriate number of workers should be used to move material and/or equipment. This decision may vary between individuals or determined by the on-site supervisor.  
• If insufficient personnel are available, refrain from activities.  
• Always use sound ergonomic lifting/moving techniques.  
• Never move/lift more weight than is personally manageable. |
|-------------|---------------------------------------------------------------|
| Loose / unstable footing | • Continuously ensure that your footing is firm and stable.  
• Clear work area often to reduce the chance of tripping or falling. |
| Injury to joints (Carpal Tunnel) | • Work in teams whenever possible.  
• When performing crushing, pounding, and/or chiseling actions, switch hands often, and vary the types of activities performed to limit exposure to repetitive motion injuries. |