

## Alternate Trails

The Appalachian Trail affords a unique and memorable experience. But, if it's solitude you're seeking or only have a couple of days to hike, consider the following trails as alternates to the Appalachian Trail

State	Trail	Link	Length (miles)
Florida	Florida Trail	<a href="https://www.floridatrail.org/">https://www.floridatrail.org/</a>	1000
Alabama	Alabama Pinhoti Trail*	<a href="#">Alabama Pinhoti Trail Alliance</a>	171
Georgia	Georgia Pinhoti Trail	<a href="#">Georgia Pinhoti Trail Association</a>	160
South Carolina	Palmetto Trail*	<a href="#">Palmetto Conservation</a>	500
South Carolina/North Carolina	Foothills Trail*	<a href="#">Foothills Trail Conservancy</a>	77
Georgia, Tennessee, North Carolina	Benton MacKaye Trail	<a href="#">Benton MacKaye Trail Association</a>	288
Georgia/North Carolina	Bartram Trail	<a href="#">Bartram Trail Society</a>	115
North Carolina	Mountains to the Sea Trail	<a href="#">Friends of the Mountains to the Sea Trail</a>	1175
Tennessee	Cumberland Trail	<a href="#">Cumberland Trails Conference</a>	210 currently
West Virginia	Allegheny Trail	<a href="https://www.wscenictrails.org/allegheny-trail-info">https://www.wscenictrails.org/allegheny-trail-info</a>	288
Virginia, West Virginia, Maryland, Pennsylvania	Tuscarora Trail	<a href="#">Potomac Appalachian Trail Club</a>	250
Pennsylvania	Maxon-Dixon Trail	<a href="https://masondixontrail.wixsite.com/mdts/trail-status">https://masondixontrail.wixsite.com/mdts/trail-status</a>	199
Pennsylvania	Mid-State Trail	<a href="#">Mid State Trail Association</a>	330
Pennsylvania	Standing Stone Trail	<a href="https://www.standingstonetrail.org/">https://www.standingstonetrail.org/</a>	84
Pennsylvania	Horse-Shoe Trail	<a href="http://hstrail.org/">http://hstrail.org/</a>	140
Pennsylvania	The Baker Trail	<a href="https://www.rachelcarsontrails.org/trails/baker-trail">https://www.rachelcarsontrails.org/trails/baker-trail</a>	134
Pennsylvania	Conestoga Trail	<a href="http://susquehannariverlands.com/the-great-outdoors/parks-trails-nature-preserves/trails-hikes/conestoga-trail-system/">http://susquehannariverlands.com/the-great-outdoors/parks-trails-nature-preserves/trails-hikes/conestoga-trail-system/</a>	63
New Jersey	Batona Trail	<a href="https://www.nynjtc.org/park/batona-trail">https://www.nynjtc.org/park/batona-trail</a>	50
New Jersey, New York	The Highlands Trail	<a href="https://thehighlandstrail.org/">https://thehighlandstrail.org/</a>	100+ miles
New York	Taconic Crest Trail	<a href="https://taconichikingclub.org/taconic-crest-trail">https://taconichikingclub.org/taconic-crest-trail</a>	37
New York	Finger Lakes Trail	<a href="https://fingerlakestrail.org/">https://fingerlakestrail.org/</a>	Length varies
New York	Long Path	<a href="https://www.nynjtc.org/region/long-path">https://www.nynjtc.org/region/long-path</a>	358 miles
New York	Northville Placed Trail	<a href="#">nptrail.org/</a>	133
New York, Connecticut, Massachusetts	New England Scenic Trail	<a href="https://newenglandtrail.org/">https://newenglandtrail.org/</a>	215
New Hampshire	Monadnock-Sunapee Greenway	<a href="https://www.msgtc.org">https://www.msgtc.org</a>	50
New Hampshire	Cohos Trail	<a href="#">Cohos Trail Association</a>	162

\*Recommended for "spring break" hikes. Still planning an Appalachian Trail multi-day hike?

Please register via our ATCamp [<http://www.atcamp.org>] hiker registration system.