

ATC Weekend Backpacking Workshop Agenda

Friday

- 9:00am** **Welcome, Introductions, Course Overview (in classroom)**
- 9:30am** **Intro and A.T. Highlights**
- 9:45am** **Setting Expectations**
- 10:00am** **Leave No Trace/Ethics Overview**
- 10:30am** **Break**
- 10:45am** **Logistics (Plan Ahead and Prepare)**
- Overview of rest of the day, food, gear shakedown and discussion
- 12:00pm** **Lunch (everyone to bring their own)**
- 12:30pm** **Depart for field, Shuttle Vehicles**
- 1:30pm** **Arrive Trailhead**
Discussion:
- Group hiking etiquette/pace/sweep
 - Hydration
 - Stay on Trail
 - Sanitation overview
 - Safety
- 2:00pm** **Begin hike (2-3 miles)**
- 4:00 pm** **Set up camp**
Discussion: Travel and Camp on Durable Surfaces
- 5:00pm** **Dinner preparation**
- After dinner campfire discussion**



Saturday

7:00am **Breakfast, break camp, gear check**

9:15am **Hike overview**
Discussion: Trail Markings

9:30am **Begin hike (4-6 miles)**

During hike: Sanitation (Dispose of Waste Properly)

12:00pm **Lunch on Trail**
Discussion: Leave What You Find

During hike: Respect Wildlife

3:30pm **Arrive campsite; set up camp**

4:30pm **Dinner preparation/build campfire**
Discussion: Minimize Campfire Impacts

After dinner campfire discussion: Trail Magic

Sunday

7:00am **Breakfast, break camp, remove campfire**

9:00am **Hike out (3-4 miles)**

During hike: Be Considerate of Other Visitors

12:00pm **Arrive at Trailhead; lunch at van**
Discussion: Protect Your Trail

1:00pm **Depart Trailhead, travel to individual cars**

2:00pm **Arrive cars, wrap up, gear turn-in, stay in touch**

3:00pm **Adjourn**