



11 Reasons to Use Bear Canisters along ALL of the Appalachian National Scenic Trail:

1. Sleep better knowing you, your food & the bears are safe
2. They are Bear & RODENT proof – flying squirrels, too
3. Save up to 45 minutes a day (you'll be really tired at the end of the day!)
4. A great seat
5. Prevent rock throwing injuries while hanging food
6. Prevent tree limb damage
7. Expand camping options to limbless areas
8. Many of them float
9. Easier to use in rain than food hangs
10. They are required in other places you may camp: e.g.
Blood Mountain and Shining Rock Wilderness areas & the Pacific Crest Trail
11. Save your marriage!

The extra weight and \$ of a bear canister is a small price to pay for all these benefits – especially the time savings and protection of the bears!